Behavioral Sciences Regulatory Board 700 SW Harrison St. Suite 420 Topeka, KS 66603-3929 Kansas

Behavioral Sciences

Regulatory Board

Phone: 785-296-3240 Fax: 785-296-3112 <u>ksbsrb.ks.gov</u>

David B. Fye, JD, Executive Director

Laura Kelly, Governor

#### FILING OF CLINICAL SUPERVISION TRAINING PLAN

To begin accruing hours toward the LCPC you must submit a training plan for approval to the Board.

- There is no fee to file a Clinical Supervision Training Plan.
- The Clinical Supervision Training Plan must be completed by you and your supervisor(s).
- You and your supervisor(s) need to read the statutes and regulations <u>prior</u> to completing the training plan. Please see K.A.R. 102-3-7a, for the supervision requirements for a clinical license. All statutes and regulations may be found on our website <u>ksbsrb.ks.gov</u>
- Your supervisor must be an LCPC and a board-approved supervisor.
- Attach an official job description with your training plan for any position where you intend to accrue hours towards the LCPC. If your work site is a private practice, you may write your own.
- You will receive approval, via email, from the Board. You may not count any supervision hours prior to your approval date. If approved, the approval date will be backdated to the date the training plan was received by the Board.
- You must be under supervision and accrue hours towards the LCPC for a minimum of 24 months.
- Note: An approved training plan is not required to see clients or provide clinical services. You must, however, <u>always</u> be under direction or supervision, until you are clinically independently licensed. (This information was provided when your LPC license was issued.) When a training plan is submitted, it may take up to 30-45 days for review and approval. If the training plan is approved, the approval date (the start date for accruing hours) will be as of the date it was received in the Board office. An approval will be emailed to you and any approved clinical supervisor(s).
- The Board must be notified in writing of any changes to the approved training plan within 45 days of the change or the hours accrued prior to notification will not be accepted.
- If you intend to use videoconferencing for a portion of your supervision you must provide written verification of the technological security measure implemented to protect confidentiality.
- Once all the supervision requirements have been completed you may apply for the LCPC and take the exam at any time. You are not required to apply for the LCPC or take the exam within a specified amount of time.
- Return the training plan to the BSRB by postal mail to the address above or by email to bsrb@ks.gov Do not submit the training plan by fax.

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# Clinical Supervision Training Plan Professional Counselors

No hours may be accrued toward the LCPC without an approved training plan. The training plan approval date will be backdated to the date the training was received in the Board office, provided the plan is approved.

The supervisee shall complete section 1 and 2.

The supervisee together with the supervisor(s) shall complete sections 3 and 6. Each supervisor(s) with whom the supervisee will be accruing hours towards the LCPC shall complete sections 4 and 5.

1. Information regarding supervisee: [Completed by supervisee]

Name	Em	ail	_		
Home Phone		Cell Phone(Optional)			
		Expiration date			
2. Information regarding the Supervision Setting: [Completed by supervisee]  Section 2 must be completed for each work site and position where you will be accruing hours toward the LCPC.  Work site where you will be accruing hours towards the LCPC.  Work site					
			_		
		n this supervised setting	_		

Attach an official position description for each position that will be used to accrue hours towards the LCPC

# 3. Information regarding Supervision Training Plan: [Completed by supervisee and supervisor(s) together]

If the answer to any of these questions is no, provide an explanation on a separate page.

## 1. Diagnosis

- a. Will the supervisee, under the supervision of the supervisor be diagnosing clients? Yes No
- b. Will the supervisee be using the DSM-5 to diagnose clients? Yes No

#### 2. Psychotherapy

Will the supervisee, under the supervision of the supervisor, provide psychotherapy to clients? Yes No If no, the training plan cannot be approved.

- 3. Will the supervisee meet the minimum requirements in no fewer than two years? Yes No
- **4**. Answer the following questions regarding supervision:
  - a. Will the supervisee meet for supervision at least twice a month, one of which must be individual supervision? Yes No
  - b. Will the supervisee meet for one hour of supervision for every 15 hours of direct client contact? Yes No
  - c. Will the supervisee accrue a minimum of 50 hours of individual supervision? Yes No
  - d. Will the supervisee participate in group supervision? Yes No If yes, will there be six or fewer LPC supervisees? Yes No
  - e. Will the supervisee accrue a minimum of 100 hours of supervision? Yes No
  - f. Will any supervision occur via interactive televideo? Yes No
     If yes, is the platform technologically secure?
     Yes No

     Note: The format of supervision must be noted as part of the supervisor's attestation.
- **5.** Will both the supervisee and the supervisor document the supervision meetings (to include date and length) in writing in a way that can be reviewed by the Board if requested? Yes No
- **6.** Will the supervisee receive regular, and periodic evaluations? Yes No
- 7. Will the supervisee notify the clients in writing that the supervisee is practicing under supervision, the limits of confidentiality under supervision, and the name and contact information for the approved supervisor? Yes No
- **8.** Will the supervisee notify the Board in writing of **any changes** to the approved training plan within 45 days of the change? Yes No
- **9.** Is there a plan in place to remediate conflicts between the supervisee and the supervisor? Yes No
- **10.** Will the supervisee be providing services to clients who are not physically located in the state of Kansas at the time services are provided? Yes No
- 11. If yes, is the supervisee licensed in the state where the client is located? Yes No
- 12. If yes, is the clinical supervisor clinically licensed in the state where the client is located? Yes no

## Please provide answers to questions 13 -18 on a sperate sheet of paper:

- **13.** Describe the schedule and format of supervision.
- 14. Clients
  - a. Describe the clients to whom the supervisee will be providing services.
  - b. What services will the supervisee be providing to clients?
- **15**. Review the definition of clinical professional below (KAR 102-3-1a (c)) list the clinical supervision goals <u>and</u> briefly describe how the supervisee will attain those goals. Additional goals may be provided, however, goals based upon numbers 1 6 must be provided.
  - (c) "Clinical professional counselor practice" means the professional application of professional counseling theory and methods to the treatment and prevention of psychosocial dysfunction, disability, or impairment, including behavioral, emotional, and mental disorders. Clinical professional counseling shall include the following:
  - (1) Assessment;
  - (2) diagnosis of mental disorders;
  - (3) planning and treatment, which may include psychotherapy and counseling:
  - (4) treatment intervention directed to interpersonal interactions, intrapsychic dynamics, and life management issues:
  - (5) consultation; and
  - (6) evaluation, referral, and collaboration.
- 16. Outline the supervisee's responsibilities in relation to these goals and objectives.
- 17. Outline the supervisor's responsibilities in relation to these goals and objectives.
- **18**. Describe the contingency plans for missed supervision sessions, and supervision if the approved clinical supervisor is unavailable. **Name of emergency supervisor (required).**

An emergency supervisor is someone you would contact in an emergency or crisis if you could not contact your approved clinical supervisor. He/she can be anyone who is clinically licensed since the supervisee will not be accruing any supervision towards the LCPC with this person.

A back up supervisor is someone with whom the supervisee would meet for supervision if the approved clinical supervisor is unavailable, either because of an unplanned or extended absence. This person must be approved in writing by the Board.

Please note: Anyone whose name is provided in answering this question is NOT automatically approved to provide supervision. No hours accrued under this supervisor (or supervisors) may be used toward the required hours for the LCPC unless he/she is approved by completing section 4, 5 and 6 of the training plan or by submitting a training plan amendment after the training plan has been approved. Any supervisor with whom you wish to accrue hours towards the LCPC must be approved by the Board. Approval is provided by submitting the appropriate documentation to the Board.

Each clinical supervisor with whom you will be accruing hours towards the LCPC must complete section 4, 5, and 6.

# 4. Information regarding supervisor: [Completed by supervisor(s)]

Name						
Business						
			· · · · · · · · · · · · · · · · · · ·			
City, State, Zip						
Email	Home Phon	Home Phone Wo		ork Phone		
License Type	License Number	Issue date	Expiration date _			
Were you licensed a	t the clinical independent level	in a state prior to Kansas?	Yes	No		
If yes, state of licens	sure	License type				
Issue date		Expiration date		<del> </del>		
	independent, <u>clinical</u> professior <b>ligible to be a clinical superv</b>		ım of two years? Yes _	No		
imposed by a state of	der disciplinary investigation, s credentialing board or professic iin fully in an attached, signe	onal organization?	on or any other adverse Yes No _			
	proved clinical LCPC superviso eligible to be a clinical superv		Yes No_			
5. Information i	egarding the supervisor	ry relationship: [Com	pleted by supervis	or(s)]		
		_				
Please read K.A	.R. 102-3-7a <u>prior</u> to ans	swering the following	questions.			
	-3-7a(d)(1) – Do you have pal functioning in the practice					
<b>2.</b> Do you have a	dual relationship with the sup	pervisee?	Yes	No		
<b>3.</b> Do you have kn	owledge of and experience	with the supervisee's clie		No		
<b>4.</b> Do you have kn employ?	owledge of and experience	with the methods of prac	tice that the supervise Yes	ee will No		
<b>5.</b> Do you have an supervisee's pract	understanding of the organ ice setting?	ization and administrativ		ures of the No		
6 Are vou a staff	member of the practice setting	na?	Yes	No		

# If not, please answer A - E: **A.** Do you have a solid understanding of the practice setting's mission, policies, and procedures? Yes No **B.** Is the extent of your responsibility for the supervisee clearly defined in terms of client cases to be supervised, role in personnel evaluation within the practice setting, and other aspects of the clinical supervision training plan? Yes No Yes No \_\_\_\_ **C.** Is the responsibility for payment of supervision clearly defined? Yes No \_\_\_\_ **D.** Is the supervisee paying the supervisor directly for supervision? Yes No **E.** Do you maintain responsibility to the client and the practice setting? 7. Will you perform the following? A. Provide oversight, guidance, and direction of the supervisee's clinical practice of clinical professional counseling by assessing and evaluating the supervisee's performance? Yes No **B.** Conduct supervision as a process distinct from personal therapy, didactic instruction, or professional counseling consultation? Yes No **C.** Provide documentation of supervisory qualifications to the supervisee? Yes **D.** Periodically evaluate the supervisee's clinical functioning? Yes No **E.** Provide supervision in accordance with the clinical supervision training plan? . Yes No F. Maintain documentation of supervision in accordance with the clinical supervision training plan? Yes \_\_\_\_ No \_\_\_\_

**8.** Do you have a thorough knowledge and understanding of BSRB statutes and regulations regarding the requirements of post graduate supervision for the supervisee's profession? Yes \_\_\_\_\_No \_\_\_\_

I. Ensure that each client knows that the supervisee is practicing clinical professional

**G.** Provide the documentation required by the board when a supervisee completes the

**H.** Provide a level of supervision that is commensurate with the education, training, experience,

postgraduate supervised professional experience?

and ability of both the supervisor and supervisee.

counseling under supervision?

Yes No

Yes No

Yes No

# 6. Supervisor's and Supervisee's Attestation:

We, the undersigned supervisee, and supervisor, acknowledge that we have both read and agree to all aspects of this plan, and have read and understand the post graduate supervised work experience requirements set forth in regulations. We attest, to the best of our knowledge, that this plan meets the training requirements as outlined in statute and regulation, including the requirements for the provision of psychotherapy and assessment as well as the required supervision. We also attest that the forgoing information constitutes an accurate and honest description of the duties to be performed by the supervisee.

performance issues with the supervisee's clients, other professionals in the practice setting, the Board or any other individual to whom either is professionally accountable.					
Signature of Supervisee	Date				
Signature of Supervisor	Date				

Additionally, the supervisee hereby gives consent to the supervisor to discuss supervision or

You should receive a written response regarding your clinical training plan from the Board office within 30 days. If you have not received a response within 30 days from submission, please contact the Board office.

Attention supervisors, for additional information regarding clinical supervision, please see the website at: ksbsrb.ks.gov

Revised 08/31/2023