DRAFT

Behavioral Sciences Regulatory Board Addiction Counselor Advisory Committee March 5, 2021 Minutes

Call to Order. The meeting was called to order by Chair Deb Stidham at 10:00 a.m.

Advisory Committee Members. Advisory Committee members who participated by Zoom were Jacqueline Lightcap, Christina Boyd, Lisa Carter, Jason Hess, Michael James, Dulcinea Rakestraw, Sohna Shook, Justin Spiehs, and Deb Stidham.

Staff: Staff from the BSRB who participated by Zoom were Executive Director David Fye, Assistant Director and Licensing Manager Leslie Allen, Sami Barksdale, and Ashley VanBuskirk. Assistant Attorney General's Janet Arndt and Laine Barnard were also present.

Guests. None.

Approval of December Minutes: Dulcinea Rakestraw moved to approve draft minutes from the Advisory Committee meeting on December 18, 2020. Jason Hess seconded. The motion passed.

Training for Advisory Committee Members. Assistant Attorney General Jan Arndt provided training for Advisory Committee members.

Executive Session. Dulcinea Rakestraw moved that pursuant to K.S.A. 75-4319, the Addiction Counselor Advisory Committee recess into executive session for 30 minutes and reconvene the open meeting at 11:56 a.m. The meeting will be reconvened remotely by conference call at 1-877-278-8686, PIN 327072, and at the link to the Board's YouTube channel as stated in the notice of meeting that was sent to individuals who requested notice and published on the Board's website: ksbsrb.ks.gov.

The justification is consultation that would be deemed privileged in the attorney-client relationship with the Board's legal counsel, Assistant Attorney Generals Janet Arndt and Laine Barnard. The subjects to be discussed in the executive session concern that Kansas Open Meetings Act during the disaster emergency declaration. Board staff who are included as the client in the executive session are David Fye and Leslie Allen. Lisa Carter seconded. The motion passed.

The Advisory Committee returned from the Executive Session at 11:56 a.m.

New Business

A. Meeting Schedule. Assistant Attorney General Jan Arndt noted the Board recently authorized the use of an expert witness process to review applications in certain licensure cases, such as for applicants who received their education from an institution that has not been accredited by the national accrediting body. The Chair noted that one of the reasons the Advisory Committee had been meeting frequently was to assist in the review of applications, so the Advisory Committee was polled to see if Advisory Committee members would prefer to meeting quarterly going forward. The Advisory Committee members decided to meet quarterly unless additional meetings were needed. The Advisory Committee decided to continue to meet from 11am until 1pm, with the next meetings scheduled for the months of June, September, and December.

B. Update on Advisory Committee Members Length of Service. The Chair noted that Advisory Committee members may serve up to four two-year terms and provided the length of service for the currently Advisory Committee members, noting that one Advisory Committee member had served the full length of time allowed, so the Chair would be following up with that individual.

Adjournment. The next meeting is scheduled for June 18, 2021 at 11:00 a.m. Dulcinea Rakestraw moved to adjourn. Christina Boyd seconded. The motion passed.

Behavioral Sciences Regulatory Board

LAC Advisory Committee

Agenda

June 18, 2021

11am-1pm

Meeting via Zoom: BSRB staff have sent the link separately

Call to Order and roll call

Justin Spiehs resignation

Kendall Carswell completed 8+ years

Approval of March minutes

Executive Director update

New business:

Records from deceased practitioners

Diversity, Equity and Inclusion training – required?

"In residence" - should we relax this?

Allowing individuals who qualify for LMAC but can't pass the test to be LAC's

BSRB Chair – elections will be held in July

Adjourn

From: BSRB < BSRB@ks.gov>

Sent: Tuesday, April 13, 2021 1:27 PM

Subject: BSRB changes regarding online education

Dear Kansas Educators.

The Behavioral Sciences Regulatory Board (BSRB) is reviewing some of the educational requirements for licensure by BSRB. The Board has received requests from individuals asking that residential requirements relating to education be reduced for licensure. The Board has requested input from Kansas Educators regarding online education and how potential changes to residential requirements might impact the programs of Kansas Universities.

Currently, there is a requirement for at least some coursework be taken "in residence" for most professions licensed by the board. The language below is from the education regulation for marriage and family therapy. The other professions have similar language. However, the amount of coursework required "in residence" varies by professions.

- (a) Definitions. For purposes of this regulation, the following terms shall be defined as follows:
- (1) "Core faculty member" means an individual who is part of the program's teaching staff and who meets the following conditions:
 - (A) Is an individual whose education, training, and experience are consistent with the individual's role within the program and are consistent with the published description of the goals, philosophy, and educational purpose of the program;
 - (B) is an individual whose primary professional employment is at the institution in which the program is housed; and
 - (C) is an individual who is identified with the program and is centrally involved in program development, decision making, and student training as demonstrated by consistent inclusion of the individual's name in public and departmental documents.
 - (2) "In residence," when used to describe a student, means that the student is present at the physical location of the institution for the purpose of completing coursework during which the student and one or more core faculty members are in face-to-face contact.
 - (3) "Primary professional employment" means a minimum of 20 hours per week of instruction, research, any other service to the institution in the course of employment, and the related administrative work.

The Board is meeting on Monday, May 10, 2021 at 10:00 a.m. If you would like to provide public comment for the Board to consider when weighing potential changes to these regulations or concerning online education, please contact David Fye, Executive Director for the BSRB, by sending an e-mail to David.Fye@ks.gov, by the end of the day on Friday, April 30. While it is not required that you provide written comments, it does benefit the Board members to have information ahead of the meeting, allowing them more time to review what has been submitted.

Please let me know if you have any questions.

Sincerely, David Fye Executive Director From: John Wade

Sent: Tuesday, April 27, 2021 2:41 PM

To: David.Fye@ks.gov

Subject: FW: Proposed Changes to Residency Requirement

David,

I am writing to express my concerns regarding the proposed changes to the residency requirement for psychology licensure in Kansas. I can think of no benefits to this proposed change except for convenience in some instances, and several causes for concern.

Psychological treatment and assessment are grounded in the establishment of a therapeutic relationship. Although it is possible in times of emergency like COVID to provide clinical training virtually, it should be a means of last resort in the field of clinical psychology. I think that the experience of the past year has made us all, both educators and students, aware of the profound losses that occur when education is provided remotely, e.g., just think of the challenges of teaching the WAIS through Zoom.

I was somewhat surprised that changing the residency requirement is being considered, given that Kansas usually prides itself on having high standards, e.g., some of the highest CEU requirements in the nation. Although it is hard to predict with certainty the impact on psychology graduate programs in the state, it seems reasonable to be worried. The recent COVID experience at universities would seem to be a good predictor. In courses where students were simply given the option to attend in person or attend virtually, the majority chose to attend virtually because it was easier, but those students were much less satisfied with their experience and education. Students who have been required to attend classes in person (except if they have a COVID concern) express much greater satisfaction with their education. At the graduate level, when training future psychologists, it is even more imperative that future psychologists receive the best training that they can. I also worry at the institutional level that this change would threaten clinical psychology programs in Kansas that want to remain primarily face-to-face, seeing the benefit of in-person education for a profession grounded in human relationships.

Thank you for your consideration.

Sincerely,

John Wade Professor Director Clinical Psychology Program Psychology Department Emporia State University

EMPORIA STATE UNIVERSITY

The TEACHERS COLLEGE

Department of Psychology

Campus Box 4031 1 Kellogg Circle Emporia, Kansas 66801-5415 620-341-5317 620-341-5801 fax www.emporia.edu/psych

4/15/2021

Dear Dr. Fye,

I received the message that the BSRB is meeting to discuss the requirement that mental health professionals have to graduate from programs that require in-person attendance. I am strongly against such a change.

I want to have my thoughts on record here. I believe that in-person courses are necessary to prepare students to engage in a profession that requires communication skills and the ability to work with vulnerable populations. I also feel that the interaction with other students helps build the necessary skills to utilize data, observe appropriately, problem solve and practice emerging abilities.

I feel that taking away this requirement falls into the category of academic programs working hard to race to the bottom. Without professors, without engagement with professors and other students, the purpose of higher education gets eroded. It is a step towards programs like Academic Partnerships starting to take hold, programs in which the teaching is done by less educated people using uniform lesson planning that reduces the integrity and creativity of academia.

Please do not endorse this change.

Tracy Wechselblatt, Ph.D.

Clinical Psychologist

Instructor, Psychology Department

Tracy Wechselblatt, Ph.D.

Emporia State University



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PSYCHOLOGY

April 27, 2021

Re: Educational Requirements for Licensure

Dear Mr. Fye and members of the BSRB,

We are writing this letter to provide input on the current educational requirements for the Licensed Masters Level Psychologist (LMLP) and the Licensed Clinical Psychotherapist (LCP) regarding residential requirements and core faculty. We are in support of lowering the in-residence requirements for coursework for clinical psychology graduate programs. Additionally, we recommend the allowance of adjunct faculty to teach in these programs as they are often experienced psychologists who have much to offer students.

The Psychology Department at Fort Hays State University has a strong history of providing excellent online education. It is our belief that if the in-residency requirements are lowered for the LMLP/LCP licensure, we will be able to sufficiently train masters level psychologists through online education and professional experiences. The existing FHSU online School Psychology program possesses a very high level of interaction with each individual student in dynamic virtual classrooms. This program has a long history of success, being recognized as among the top online programs for psychology with 100% of graduates finding employment within their first year. Given this outstanding model and the established practices that have informed our current online clinical program planning, we are confident that the LMLP/LCP online program can parallel this history of success.

In the most recent Kansas Governor's subcommittee report on Rural/Frontier Mental Health, the report advocates for flexibility regarding how to best serve rural/frontier areas of Kansas. The report details the shortage of behavioral health providers as well as the unique cultural and psychological needs of rural/frontier areas. In this vein, the FHSU Psychology Department aims to educate primarily Kansans in an online environment in order to potentially train practitioners to serve these rural/frontier areas. Reducing the residency requirements for licensure will permit the aforementioned flexibility required to educate potential rural/frontier providers and consequently serve the state in a greater capacity.

In addition, FHSU currently has several excellent Clinical Psychologists (LCP and LPs) serving as adjunct faculty in our undergraduate psychology program. Our department maintains a close working relationship with our adjunct faculty offering course development and consistent support throughout the year. Additionally, we

often consult with these qualified professionals in making programming decisions regarding graduate clinical coursework. We believe that if the definition of core faculty member is expanded incorporate adjunct faculty, these professionals would be able to add to the education, training, and experience of our graduate students in a profound and meaningful way.

We support the educational requirement updates of lowering the in-residence requirements and expanding the definition of core faculty. Please feel free to reach out if we can provide any additional information. Thank you for the opportunity to provide feedback.

Leo Herrman, PhD

Director - Psychology Screening Clinic

Ken Windholz, LCP, MS, LMLP

Instructor – Psychology Department

Sincerely,

Brooke Mann, M.S.

Director - Clinical Psychology Program

Josh Tanguay, LCP, MS

Instructor – Psychology Department

Dharma Jairam, Ph.D.

Department Chair - Psychology

Clinical Psychology Team

Department of Psychology Fort Hays State University



SOCIAL WORK

04/23/2021

Re: Residential requirements for licensure

Dear Mr. Fye, and members of the Board,

I am writing to provide input concerning the potential for residential requirements as a component of the educational requirements necessary to obtain licensure through the Kansas Behavioral Sciences Regulatory Board. It is my understanding that the current regulations for social work licensure in Kansas do not stipulate any residency requirements to be eligible for licensure.

As you might be aware, Fort Hays State University offers a Bachelors of Social Work (BSW) program on our campus in Hays, at four outreach sites (Garden City, Dodge City, Liberal, and Colby) in western Kansas, and online. All of our BSW program options are fully accredited by the Council on Social Work Education (CSWE). While our campus and outreach BSW programs meet face to face in a traditional setting, we do not require any form of residency for our online BSW program. We have designed the program to include many interactive (both synchronous and asynchronous) opportunities to take the place of traditional classroom instruction. These modalities have been deemed equivalent to our campus program by CSWE.

In 2020, we also began offering an online MSW program with a clinical specialization, which has been granted candidacy status by CSWE, and is on track to be fully accredited in 2023. Similar to our online BSW program, our MSW Program incorporates multiple forms of online content delivery and interaction. Additionally, the MSW program requires a week-long "clinical intensive" residency on campus, in which students further refine their skills and undergo comprehensive exams. While we have no plans to discontinue the MSW residency requirement, we would be very concerned by any attempt to delineate a residency requirement for licensure at any level (LBSW, LMSW, LSCSW). Online education and training have gained wide acceptance across multiple disciplines, and many empirical investigations have found online education to be comparable or even more effective than traditional classroom learning. Further, our program serves students in rural and frontier locations across Kansas, and has been successful in recruiting, training and supporting social workers in underserved areas. We contend that the ability to offer online education is essential to continue serving Kansans living in these geographical areas.

I welcome the opportunity to provide additional testimony as desired. Thank you for the opportunity to provide input and for your partnership in serving the needs of Kansans.

Tim Davis, Ph.D., LSCSW

Ja Use PED, LSCSU

Professor and Chair

From: Kristen Kremer <kpkremer@ksu.edu>

Sent: Friday, April 30, 2021 2:21 PM

To: Fye, David [BSRB] < David. Fye@ks.gov>

Subject: Re: Follow Up on BSRB Request for Feedback on Possible Changes to Residence Requirements -

Please Provide Feedback by Friday, April 30

EXTERNAL: This email originated from outside of the organization. Do not click any links or open any attachments unless you trust the sender and know the content is safe.

Hello Mr. Fye,

On behalf of the social work program at Kansas State University, I would like to provide our support for reducing the in-residence requirement to obtain licensure in the state of Kansas. I believe this would be beneficial for a variety of parties throughout Kansas. For students, this would allow greater flexibility in completing coursework. This would benefit non-traditional students who may need to work full-time and would be unable to complete coursework on-campus during the day. Students in rural areas who may not live within driving distance of a social work program would also benefit from accessing remote learning opportunities. In turn, this would benefit the entire state of Kansas which is lacking in licensed social workers primarily in rural areas.

Please let me know if any additional information is required.

Best regards, Kristen **From:** Kirk, Sarah Beth <skirk@ku.edu> **Sent:** Tuesday, April 27, 2021 4:40 PM **To:** Fye, David [BSRB] <David.Fye@ks.gov>

Subject: RE: Follow Up on BSRB Request for Feedback on Possible Changes to Residence Requirements -

Please Provide Feedback by Friday, April 30

EXTERNAL: This email originated from outside of the organization. Do not click any links or open any attachments unless you trust the sender and know the content is safe.

Hello David,

We have to adhere to APA accreditation standards and so there are residency standards associated with those standards as well as making sure supervision and practicum experiences occur in-person (non-COVID times). I think some of those requirements may shift (allowing a bit more online courses, telehealth) but that is to be determined. So I think we would support whatever the American Psychological Association accreditation standards state (there are residency requirements for a certain proportion of time spent in the program).

Ric Steele also is very familiar with APA standards and could likely reiterate my thoughts on this.

Best,

Sarah

Sarah Kirk, PhD, ABPP

Her/She

Director of KU Psychological Clinic

Assistant Director of Clinical Psychology Program

340 Fraser Hall

1415 Jayhawk Blvd, Lawrence, KS 66045

Fax 785-864-9855

Phone 785-864-9853 or 785-864-4121

Email skirk@ku.edu

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From: Todd Frye <tmfrye@mnu.edu>
Sent: Tuesday, April 27, 2021 3:37 PM
To: Fye, David [BSRB] <David.Fye@ks.gov>

Subject: Re: [EXTERNAL] Follow Up on BSRB Request for Feedback on Possible Changes to Residence

Requirements - Please Provide Feedback by Friday, April 30

EXTERNAL: This email originated from outside of the organization. Do not click any links or open any attachments unless you trust the sender and know the content is safe.

Hi David-

Thank you for the opportunity to share my thoughts. I hope it's okay to just put them in this e-mail.

The question of allowing more on-line learning as part of academic preparation in counseling is an important one. We are now at a new point in time in which social media and technology has pushed us to consider new ways of delivering counseling, supervision, and education. Fortunately, the technology is better now then it's ever been, resulting in more options for increased rigor on-line that is similar to that of face to face residential experiences.

As a result of the emerging opportunities that technology provides the educational community has really developed solid forms of on-line androgogy that are proving to be effective in helping students meet course objectives. Examples of these are discussion boards, lecture recordings, and other student projects, ect.

I for one have always been hesitant to put a counseling program on-line because so much of what we do is embodied. However, not only is the industry changing but as a result of COVID our future will include more technology driven services. Therefore, I am in favor of allowing partially or fully on-line counseling degree programs to be considered as meeting minimal standards for licensure in Kansas. Is something lost, yes but is it enough to put the public at risk, no.

I hope my few thoughts help in your decision making. Please feel free to reach out to me with any questions.

Peace,

Todd Frye, PhD, LCPC, LCMFT, NCC Chair, Counselor Education Department

office: 913-971-3731



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From: Janet Smith
Sent: Tuesday, April 13, 2021 2:47 PM
To: Fye, David [BSRB] <David.Fye@ks.gov>

Subject: Online Education

EXTERNAL: This email originated from outside of the organization. Do not click any links or open any attachments unless you trust the sender and know the content is safe.

Thanks for the opportunity to provide comment. I have served as the program director for clinical psych at Pittsburg State University for many years. I fully support the idea to allow more online coursework. While I believe some courses need to be in person, with advances in online pedagogy and technology, many courses can now be effectively delivered online. This also would be a huge asset for rural institutions as it would open up the pool of qualified instructors as there are usually very few local options for a course to be taught by an adjunct when core faculty are not able to cover all courses.

Thanks for all you do for us. Jan Smith

Janet Smith, Ph.D.
Special Assistant to the Provost for HLC Accreditation
Pittsburg State University
1701 South Broadway
Pittsburg, KS 66762
(620) 235-4537

From: Cindy Turk <cindy.turk@washburn.edu>

Sent: Tuesday, April 13, 2021 2:33 PM **To:** Fye, David [BSRB] < David.Fye@ks.gov>

Subject: BSRB changes regarding online education

EXTERNAL: This email originated from outside of the organization. Do not click any links or open any attachments unless you trust the sender and know the content is safe.

I am writing in response to the email that I received offering the opportunity to provide input on potential BSRB changes regarding online education. I am a licensed psychologist and teach at Washburn University where our MA program leads to the LMLP.

I believe that technology has advanced to the point that it makes sense to allow some coursework leading to the LMLP to be done totally online or in a hybrid format. However, even with the challenges we have faced with the pandemic, I think that it would be a mistake to allow all training to be 100% online. Some courses (e.g.,, assessment, therapy techniques, interviewing skills) are not easily translated into a virtual format, even over Zoom. I hope that the board is **not** moving in the direction of allowing students to get their degree entirely online. The quality of training, especially for those courses involving basic clinical skills, will suffer. Additionally, face-to-face interaction with faculty and more advanced students facilitates socializing new students to the ethics and professionalism expected of licensed providers.

Thank you for allowing this input.



Cynthia L. Turk, Ph.D.
Past President, Southwestern Psychological Association
Professor & Chair, Department of Psychology
Washburn University
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Department of Family and Human Services

April 26, 2021

To the Members of the Kansas Behavioral Sciences Regulatory Board,

As the Department Chair and Program Coordinators of the Family and Human Services Addiction Counseling programs at Washburn University, we believe it is appropriate to reduce residential requirements relating to education, for several reasons:

- Technological advances have developed to the point that it is now possible to provide very high-quality online education and assessment of student skills.
- Reducing the residential requirement allows residents of remote and rural areas to seek
 further education, which in turn allows them to pursue licensure and meet the serious
 mental health needs of these underserved communities.
- With the increasing use of online "telehealth" services, it is appropriate to allow universities to meet educational and assessment requirements through similar online platforms.

Thank you for your consideration.

Gessica Cless, PhD LMFT

essica Cless

Master of Arts Coordinator, Addiction Counseling Assistant Professor, Family and Human Services

Washburn University

Stacy Conner, Ph.D., LMFT, LMAC

Bachelor of Applied Science Coordinator

Assistant Professor, Family and Human Services

Washburn University

Kayla Waters
Kayla Waters, Ph.D., LP, LCAC

Department Chair, Family and Human Services

Washburn University