Behavioral Sciences Regulatory Board SW Advisory Committee Minutes Wednesday, September 21, 2016 1:00 p.m.

Call to Order: Meeting was called to order by Co-Chair Carolyn Szafran at 1:05 p.m.

Committee Members Present: Angie Heller-Workman, Jane Holzrichter, Mike Gillett, Marcia Simoneau and Carolyn Szafran attended in person. Sheri Hilger, and Carl Myers joined the meeting by phone. Absent were committee members Kathy Herzog, Sharon Stuewe, and Rebecca Upshaw.

Guests: Sky Westerlund – KNASW, Daniel Casement, LSCSW from Stormont Vail

Staff Present: Max Foster, Leslie Allen, Joan Hahn, Marilyn Revell

<u>Approval of Minutes:</u> Carl moved to approve the minutes from the July 20, 2016 meeting. Marcia seconded the motion. Motion passed.

Reports and update from Max Foster, Executive Director:

BSRB wants to reduce the licensing fees charged to applicants/licensees.

The University Round Table Discussions have been scheduled this year for Tuesday, October 25, 2016 at 10:00 a.m. and Wednesday, November 2, 2016 at 1:00 p.m. Professors from around Kansas and the Kansas City area have been invited to take part in these open discussions with BSRB Staff and Board members.

Max announced that he would be attending the ASWB Meeting in November in San Diego, California.

Max welcomed the new Advisory Committee members to the committee.

Old Business:

- 1. A subcommittee to work on a <u>Supervisor Manual</u> is made up of Sharon Stuewe, Shari Hilger, Carl Myers, Marcia Simoneau and Carolyn Szafran. Sharon was to report on the meeting date set for the subcommittee. Sharon was to join the meeting a little later. Carolyn shared the history of the supervision training recommendation of the committee with the new Advisory members. The subcommittee set a meeting time for October 21, 2016 at 2 p.m.
- Jane suggested that a "tool kit" on the website would be very helpful for all licensees involved in the supervision process.
- Carl asked for the forms on the website to be "fillable". This would make the forms much more readable for all parties involved.
- Angie asked for supervision plans or guidelines for the LBSW and LMSW levels of licensure as well for non-clinical supervision.
- Sky clarified that there are two distinct types of supervision: 1. Clinical supervision for the purpose of becoming a LSCSW and 2. Administrative supervision for work supervision/private practice supervision. She also stated that the NASW had a document "CareShare" that makes a clear distinction between the two types of supervision.
- FAQ's on the website can answer general questions

2. <u>Regulation review</u>: Daniel Casement, LSCSW from Stormont-Vail, share that they have 13 outpatient therapists and well as therapists at Stormont-Vail West, the Psych Hospital. Daniel brought up two points to discuss with the committee: 1. Proposed 6 supervisees per supervisor to parallel the other BSRB professions and 2. Currently, the time limit for a clinical training plan to be completed is a minimum of 2 years and a maximum of 6 years. He asked that the time limit be extended beyond 6 years.

Sheri has been providing clinical supervision for a number of years with many people in different settings. Most people are able to get those hours within 3-4 years.

Sky pointed out that currently, Kansas requires 100 meetings and 150 hours of clinical supervision. One meeting with the supervisor is required for each 20 hours of direct client contact.

Leslie stated that other BSRB professions have these standards: One meeting with supervisor required after every 15 hours of direct client contact, and at least 2 supervision sessions per month (one of which is an individual session, the other session may be a group session).

Sky sees a trend to get the LSCSW as the preferred level of licensure for marketability and hiring possibilities, not necessarily as a desire for the independent practice.

Leslie clarified that 100 sessions is NOT in statute, but 150 hours of supervision IS in statute.

Marcia recommended that if the clinical hours cannot be achieved in the work setting, that the LMSW should volunteer at the clinical level under supervision.

Sky suggested the same ratio as the other BSRB professions: 1 meeting with the supervisor per 15-20 hours of direct client contact with a minimum of 2 supervision sessions per month. Sky also agreed that a 6-year limit is a good thing.

Jane suggested that we could add "due to extenuating circumstances" to allow for exceptions to the 6-year limit instead of extending past the current 6 year requirement.

Item: Hours required for supervision.

Action: Mike moved to "require 1 supervision session per each 15 hours of direct client contact with a minimum of 2 sessions per month. The clinical supervision plan must be completed in no less than 2 years or no more than 6 years except for extenuating circumstances as approved by the Board. For group supervision, there will be no more than 6 supervisees allowed in the group." Marcia seconded the motion. Motion passed.

Item: 102-2-12(c)(2)(B) – At least 1500 hours of direct client contact conducting psychotherapy and assessments with individuals, couples, families, or groups. **Action:** Marcia moved to accept the following wording "At least1500 hours of direct client contact conducting psychotherapy and assessments with individuals, couples,

families, or groups." Mike seconded the motion. Motion passed. The clarification was made that this stipulation is for Clinical Supervision Training Plans received from today forward.

3. Can case management social work services be used to accrue hours towards an LSCSW license? Leslie and Joan recommended that instead of dismissing this issue every time that the consideration be given, on a case-by-case basis to what services are actually being provided as part of "case management". If there is diagnosis and treatment services included as part of this "case management", then it is recommended that those hours be allowed.

New Business:

Proposed Items for the 2017 Legislative Session

- Revisiting the requirement for Clinical Supervisor Training for LSCSWs. Carolyn and Marcia explained the history of this issue in the legislature to the new committee members. Carolyn shared the survey results from last year with the committee. After much discussion, this issue was tabled until a future meeting. The survey results will be available to all the committee members to review. Leslie will send the passwords to the whole committee to view the results at surveymonkey.com

Next meeting is set for October 26, 2016 at 1:00 p.m.

Marcia moved to adjourn the meeting. Jane seconded the motion. Motion passed. The meeting was adjourned at 4:00 p.m.