## Behavioral Sciences Regulatory Board Licensed Addiction Counselor Advisory Committee October 19, 2018, 10:00 a.m. Meeting Minutes

1. Call to Order. The meeting was called to order by Chair Deb Stidham at 10:00 a.m.

Committee Members who participated: Deb Stidham, Dulcinea Rakestraw, Jason Hess, Justin Spiehs, Kendal Carswell and Shane Hudson.

Staff who attended: Max Foster, Leslie Allen, Marilyn Revell and Linda Hoover.

Guest: None

- 2. **Review minutes of previous meeting.** Dulcinea moved to approve the minutes of the August 3, 2018 meeting as published. Kendal seconded the motion. The motion carried.
- 3. Executive Director Report by Max Foster. The following items were discussed.
  - a. Development of Telemental Health regulations as it relates to privacy and confidentiality for those receiving services. The regulations must be completed by December 31, 2018. Will need to adopt temporary regulations to meet the timeline. Arkansas has the most restrictive regulations; many states have no regulations that address Telemental Health.
  - b. The Board continues to work on Reciprocity/Mobility.
  - c. The Budget has been submitted to the Office of the Budget.
  - d. Staff anticipates fee regulations will be in place by the end of this year. We were unable to eliminate the original license fee due to new charges the Board will have to pay.
  - e. The Board is working on a Legislative agenda. The legislative committees may change after the election which will require Max to spend more time bringing the new committee members up to speed, who we are and what we do.
  - f. Succession of Board Members. Kathy Armstrong is now the new BSRB chair and Deb Stidham is the new BSRB vice chair. There will be several board members whose terms end effective July 1, 2019.
  - g. With the upcoming elections, there will be a new governor and potentially new committee chairs in the state house.
  - h. Currently, transcripts may be submitted by email from universities. However, some are not readable. May need to discontinue receiving transcripts by email.
  - i. Max attended the National Professional Counselor Conference. Reciprocity and Telemental Health were discussed.
- 4. New Business. The following items were discussed.
  - a. Board Retreat Report by Deb Stidham. The following items were discussed.
    - i. There is a general lack of understanding of what Addiction Counselor Clinical Supervision and Direction means. There is need to define levels of supervision in the regulations. This will be on the BSRB legislative agenda.
    - ii. The consensus of the Addiction Counselor Advisory Committee is to mirror Social Work supervision requirements for Addiction Counselor supervision requirements.
  - b. Auditing Addiction Course work / Colleges and Universities
    - i. There has been no in-depth study of University programs since licensing of addiction counselors began in Kansas. Will look at structured questions by

December 2018 or February 2019 Advisory Committee meeting. Add coursework required for LMAC.

- ii. Addiction Counselor Advisory Committee needs two or three more committee members.
- c. Considering hosting monthly meetings by Zoom for supervisors to answer questions.
- d. Very few LCAC licensees came before the BSRB Complaint Review Committee in 2018.
- 5. Old Business. Clinical Supervision Requirements were discussed.
  - a. Review of current Addiction Counselor Clinical Supervision requirements.
  - b. Consider updating required number of hours to align Addiction Counselor licensure with Professional Counselors and Marriage and Family Therapists.
  - c. Offer supervision training to LCACs.
  - d. MNU has developed and offers online supervision training for LCPCs.
  - e. Texas jurisprudence exam. If answered incorrectly, refers to statute or regulation that gives the correct answer. Maybe require for KS renewal.
- 6. Updates from Advisory Committee Members.
- 7. **Meeting adjourned.** The next Addiction Counselor Advisory Committee meeting is set for Friday, December 7, 2018 at 10:00 a.m.
- 8. KAPA Session. Review Applications.